



# ORTING SENIOR CENTER ORG.

120 Washington Avenue North – P.O. Box 104 Orting, WA 98360

Front Desk (253) 375-3378 – Shuttle Rides (253) 375-3538

Admin Line (253) 375-2579

Email [ortingseniordirector@gmail.com](mailto:ortingseniordirector@gmail.com)

OPEN Monday – Thursday & the 2<sup>nd</sup> & 4<sup>th</sup> Fridays 9am to 2pm

## June 2026 Newsletter



# BLOOD DRIVE



## ORTING SENIOR CENTER

Bloodmobile - bus | 120 Washington Ave N. Orting

**Friday, June 12**  
**9:00 am - 3:00 pm**

Scan the QR code to book your one hour appt,  
or click this link: [bloodworksNW.org/giveblood](https://bloodworksNW.org/giveblood)

For safety, we kindly request no visitors under 16 at our donation sites.  
Eat a hearty meal and drink plenty of fluids prior to donation.

- Appointments are required for the best possible donation experience.  
Same-day appointments available at most locations. Photo ID required.



800-398-7888 | [bloodworksnw.org/win](https://bloodworksnw.org/win)

Download the Bloodworks App:

Text BWAPP to 999-777



Dad, DAD, dad, daddy,  
Father, Papa, Pops,  
Dad, DAD, dad, daddy,

**"WHAT?!"**

...Happy Father's Day

## 2026 MEMBERSHIP INFORMATION

Every membership helps pay for special things like entertainment, holiday extras, class supplies, and so much more. As they say, "Nothing in life is free," and we need YOUR help to keep programming going. Being a member is an excellent way to support your Senior Center. **Fee:** \$50 per person per year OR 20 hours of volunteering per year. (All volunteer rules apply, application and possible background check) To be eligible for all member perks, member dues must be paid in full for the 2026 year by the end of January, **UNLESS** you are new to our center. No prorating will be done if paid after January.

**Here is what your membership gets YOU:**  
Monthly Birthday recognition, S.A.I.L. class, Gentle Yoga, "Member" pricing for specific events and activities, and the opportunity to help guide the center by voting in the election of our Board of Directors.

Memberships are optional and **ARE NOT** mandatory to attend any regular senior center function or receive meals. Fees for special events or activities may be collected for nonmembers. Membership/Participant Forms are available at the front desk. Please be sure to fill them out completely. We will have staff and volunteers to help you if needed and accept your membership payment.  
Thank you for continuing to support your Orting Senior Center.

## BOARD OF DIRECTORS

The Board of Directors meets on the second Wednesday of each month at 2:30 pm. Board members are a valuable part of the Senior Center, and we appreciate any feedback you would like to share. Guests are welcome at meetings, but we encourage you to notify the Board Chair if you have a specific topic you would like to present or share.

**Chair**– Bobbie Daniel

**Vice Chair** – Ray Sneesby

**Secretary** – Gayle Sneesby

**Treasurer** – Ava Krogh

### General Members

Rick Allison

Robin Martin

Vickie Williams

Nita Merkel

John Lewis

## SENIOR CENTER STAFF

**Director** – Staci Guirsch

[ortingseniordirector@gmail.com](mailto:ortingseniordirector@gmail.com)

**Mealsite Manager** – Emily Mowatt

[ortingkitchen@gmail.com](mailto:ortingkitchen@gmail.com)

**Cook** – Wanda Rochell

### Kitchen Assistants

Karen Glenn

Nina Bonn

Gina Rosendale (Kitchen Assist & Shuttle Driver)

## OUR MISSION

The Orting Senior Center Organization's mission is to develop and maintain an active senior program in the Orting, Washington area that creates a welcoming atmosphere, provides opportunities, and encourages older adults to use their skills, develop their potential, and continue their involvement in the community. To promote independent living for seniors to maintain their visibility within the community.

## CLOSURE DATES

Monday, September 7<sup>th</sup> – Labor Day

Wednesday, November 11<sup>th</sup> – Veterans Day

November 26<sup>th</sup> & 27<sup>th</sup> – Thanksgiving

December 24<sup>th</sup> & 25<sup>th</sup> - Christmas

## JUNE BIRTHDAY CELEBRATION

### Wednesday, June 10th

Live Music with Mark starting at 10 am.

Each birthday is a blessing. Let's help these wonderful people celebrate the day that brought them here!

Mary Albert 17<sup>th</sup>

Melba Albert 14<sup>th</sup>

Valda Bushman 6<sup>th</sup>

Denise Dalla Santa 24<sup>th</sup>

Shelley Mahlstedt 29<sup>th</sup>

Janyne McConnaughey 16<sup>th</sup>

Lyle Melton 24<sup>th</sup>

Yvonne Meziere 15<sup>th</sup>

Michelle Pantley 6<sup>th</sup>

Claudia Rankin 22<sup>nd</sup>

Shelley Shipe 12<sup>th</sup>

## FATHER'S DAY LUNCHEON

### Friday, June 18th

Come help celebrate the Dads this Father's Day! Join us as we honor the fathers, grandfathers, and father figures who make such a difference in our lives. Enjoy good company, fun, laughter, and a special time of appreciation as we celebrate the amazing men in our community. Bring your smiles and help us make this Father's Day one to remember!

## THE CRAFTY CREW

### Tuesdays at 1 pm

Come join the fun with your crafty project. quilting, knitting, and beading are just a few of the fun projects we do! Come and share your project with other crafters! No need to sign up, just come on down!

## SENIOR FOOTCARE

**Friday, June 5<sup>th</sup>**

**112 Varner Avenue Southeast**

BY APPOINTMENT - \$45 CASH/CHECK. Please bring a towel. Senior Footcare is a health care service provided by R.N.s and L.P.N.s for seniors, diabetics, and others who need care for their feet. Foot and toenail disorders affect over eighty percent of the population and are very common among seniors. Keeping your feet healthy increases comfort and functionality and can prevent limb-threatening complications. Our nurses trim and file toenails, work on fungal and ingrown nails, and provide non-invasive treatment of corns and calluses. We also offer practical self-care tips. If problem areas are identified, we will recommend podiatrists or physicians in the area for a thorough evaluation and follow-up treatment. People who benefit from this service include those with diabetes, arthritis, strokes, limited vision, and difficulties caring for their feet.

## STAY ACTIVE & INDEPENDENT FOR LIFE (S.A.I.L.)

**Monday, Wednesday & Friday 9:00 am**

**112 Varner Avenue Southeast**

Stay Active and Independent for Life (SAIL) is an evidence-based strength, balance, and fitness program for adults 65 and older. Performing exercises that improve strength, balance, and fitness is the single most important activity that adults can do to stay active and reduce their chances of falling. The entire curriculum of activities in the SAIL Program can help improve strength and balance if done regularly. Class is FREE with Center membership. A donation of \$3 per class for non-members.

## AGING AND DISABILITY RESOURCES

**ADR** is designated by the Washington State Department of Social and Health Services / Aging and Long-Term Support Administration as the Area Agency on Aging (AAA) for Pierce County.

The **Aging and Disability Resource Center (ADRC)** is a program of ADR. It serves as the front door to the local LTSS delivery system, providing unbiased information, community outreach/education, help accessing services, and person-centered care planning/care coordination to meet the individual needs of older adults, persons with disabilities, and their caregivers. For assistance, please call the Aging and Disability Resource Center at 253-798-4600 or 800-562-0332 between 8 a.m. and 4:30 p.m.

## VOLUNTEERS NEEDED!

We are always looking for new volunteers to help with many different activities and programs. Please contact Staci if you would like to Volunteer. If you have a specialty that you would like to share with the seniors, please give us a call. (253) 375-3378

Senior Food Pantry & Donation pick ups

Social Media Expertise

Craft Classes

Fundraising

Massage

Health Services

Hair Cuts

Music/Entertainment

Computer/Genealogy

Game Days

Shuttle Drivers

Reception Desk

Lunch Prep/Service

## SENIOR NUTRITION EDUCATION

Our Registered Dietitian and Nutritionist, Brooke Douglas, visits every quarter. Brooke's next visit will be **Wednesday, June 17th**. Brooke also offers one-on-one consultations privately. The number to call for booking private phone or in-person consults with a Registered Dietitian-Nutritionist is 1-855-EAT-4LIFE. Email is [info@nutritionauthority.com](mailto:info@nutritionauthority.com).

## ESSENTIAL NEEDS CLOSET

We have started an essential-needs closet and hope to expand it beyond clothing. There will be a sign-up in the room for any specific needs you may have, such as bedding, household items, small appliances, hygiene products, etc. The closet will be staffed by volunteers, and we are still finalizing the schedule. Please feel free to stop in or call to request a time to see what is available.



## LEGACY GIVING

The Orting Senior Center not only takes cash Donations, but many employers will also match your charitable donations. Ask your supervisor or HR rep how to go about requesting a match/company sponsored employee contribution plan. Make a big impact with a future gift. Consider the Orting Senior Center for inclusion in your will, designation in a retirement account or trust, beneficiary of an insurance policy, or charitable gift annuities/appreciated securities. Your continued support helps our seniors lead an active and fulfilling life that they truly deserve. Thank you and please share this information with your friends and family..

## MEDICAL LENDING CLOSET

We have a wide variety of medical equipment to loan to anyone who needs it. Wheelchairs, walkers, commodes, crutches, safety rails and more. We also have an assortment of adult undergarments and bed pads. If you or someone you know is in need, just give us a call at (360) 893-5827.

## PINOCHLE

### Tuesdays & Thursdays 9:30 am

Come join the fun! 🎉 Pinochle starts at **9:30 AM** and the cards keep flying until **1:30 PM**, with a break halfway through to enjoy lunch and good company. No sign-ups needed — just stop by and join in! Never played before? No worries! We'd love to teach you and help you learn the game. Come make new friends, share some laughs, and see what all the fun is about!



## CONGREGATE MEALS

We offer hot, home-cooked meals Monday through Thursday at 11:45 am and the 2<sup>nd</sup> & 4<sup>th</sup> Fridays at 11:45 am. **Lunch is served PROMPTLY at 11:45 am.** **Please show up early to avoid interrupting service to others.**

### ALL MEALS ARE IN PERSON DINING ONLY

Lunch served daily with fruit, dessert & milk

Hot Meal OR Salad Bar Plate Suggested Donation:

\$6.00 age 60 and over.

All those 59 and under are \$13.00

NO Senior shall be denied a meal due to inability to pay! Menu Subject to change due to product restrictions. 9:00 am to 10:00 am Pastries, Coffee, and Tea available for a suggested donation of \$1.00

***Please notify our Cook, Wanda, of any religious or dietary restrictions.***

## GENERAL CENTER HOUSEKEEPING

When joining us for lunch, please be seated by 11:30 am as we are handing out milk and making announcements.

Be sure to let the receptionist know if you need assistance getting silverware, something to drink or your salad bar. When finished, please scrape your bowls and plates well. We use residential dishwashers, and this helps save water and keeps our sink drains from clogging.

For everyone's safety, we ask that all purses, coats, and bags not be placed on the floor. We have shelves as you walk in, where you may store your items.

Lastly, BE KIND. Many times, we hear people not being kind, and we strive to be a warm, welcoming, and kind center.

## FREE BINGO!

### Wednesdays at 12:30 pm

Come and play FREE Bingo!!! Join the group and win fun FREE prizes!! We are always accepting donations for our Bingo cabinet, such as knick-knacks, candy, lotions, and puzzle books.

## SENIOR CENTER SHUTTLE

Tired of trying to find a parking spot? Want to save on gas?

RIDE OUR SHUTTLE into the center! Rides are **FREE and FUN!** Our pick up times vary so definitely call to find out when we are in your neighborhood! Call to schedule your ride (253) 375-3538.

## SENIOR FOOD PANTRY UPDATES

Just a reminder **SENIORS** - our Senior Food Pantry does not receive funding other than when staff and volunteers do fundraisers or apply for small grants. We work hard to get donations to provide healthy foods to **SUPPLEMENT** your home pantries. We ask that you be a participating senior, which means that you do not only come to the pantry, but we also want you to engage in our lunches, volunteer, or participate in one of our amazing activities. As much as we would love to offer free food to everyone, please do not bring guests from outside the area. Every community has either a Food Bank or a Church that has more resources than we do. Please do not wander down to the Pantry before opening, as staff and volunteers are setting up product, and we aim to keep the hallways clear and safe for everyone.

### Food Pantry Shopping Guidelines for Seniors

1. You must be 55 or older
2. Only one person per household can shop
3. Seniors are allowed to shop ONE TIME on Monday, Tuesday, or Wednesday
4. Thursday will be determined and announced, depending on whether there are still items to be put out
5. The Pantry closes at 1:00 pm
6. Seniors will adhere to the limits set
7. When shopping inside the Pantry, seniors may use ONE Safeway-size bag, no shopping carts or oversized bags
8. Seniors are to sign in both on the computer and the hand sign-in sheet
9. No loitering or visiting outside the Pantry to keep halls clear and the list moving
10. Only sign yourself up on the list
11. If you sign up and leave, your name will be removed from the list



Words cannot express how grateful we are. Thank you to everyone who came out for our Plant Sale and bought plants, baked goods, and our rummage sale items. We host this fundraiser every year, and it just keeps getting bigger and better. We had 29 volunteers who made this happen, and the following places that donated. We couldn't do this without you! Thank you to the following:

[Arrow Lumber](#), Becky's Basket, Chipping Twig Farms, [Country Girl Greenhouse](#), Higashi Nursery, Jon the Farmer, [Lowe's Home Improvement](#) (Renton store) Mark Ward, Spooner Farms, Tractor

Supply, Windmill Gardens, Riverside Farms, Kathi Dow, Milt Merkel, Bob & Ann Cole, Robin Martin, Rick Allison, Judy Arp, Dawn Balogh, Jefflyn Bayer, Jane Berto, Jean Brown, Guy Jergens, Ava Krogh, Bobbie Daniel, Marly Kullmann, Pat Martinez, Nita Merkel, Sharon McQueen, Jo Underhill, Jeremy Thomas, Lohman Thomas, Karen Glenn, Wanda Rochelle, Gina and Ray Rosendale, Nina Bonn, Gayle & Ray Sneesby, Emily Mowatt, Olivia-Jaliza Youngbood, and Ernie Gilmer.

I hope I didn't forget anyone; if I did, I truly apologize! With everyone's help, we raised OVER \$10,708.00 to put towards our Senior Food Pantry and Senior Programming!! THANK YOU, EVERYONE!!

## ***THANK YOU 2026 Volunteers & Contributors!***

The Orting Senior Center Organization would like to give a HUGE Thank You to all those who donate, volunteer, and support our center. We could not do it without all of you! We look forward to being able to fill this page AGAIN in 2026!

Brennan Heating & Air  
Conditioning  
Paula Kepler & The Yoga Group  
Anonymous Donor (***S.A.I.L. program***)  
Gayle & Ray Sneesby  
Rick Allison  
Robin Martin, Casey & Sienne  
Julia Soler  
Mona Mitchell  
Ray & Ramona Butler  
Lisa & Ron Sears  
Bryce & Cindy Carpenter  
Denise & Allan Dalla Santa  
Bobbie Daniel  
Vicki Williams  
Randy & Trudy Morey  
Brandy Paxton – Humana  
OSC Quilting Group  
Claudia Rankin  
Orting Eagles Auxiliary  
Cedar Ridge Retirement &  
Assisted Living  
Jeff & Javena Edeburn  
Theone Mokuau (Tweet)  
Marlene Kullmann  
Orting School District  
City Of Orting  
Guy Jergens  
Dawn Balogh  
Arrow Lumber  
Jim & Carlyn Lattin  
Roberta Gwynn  
David Kartcher  
Barbara Olson  
Becky's Basket  
Chipping Twig Farm  
Country Girl Greenhouse  
Higashi Nursery  
Jon the Farmer  
Lowe's of Renton  
Mark Ward  
Tractor Supply  
Windmill Gardens  
Riverside Farms  
Kathi Dow

Safeway  
Sharyl (Bus Driver)  
Mary Albert  
Kevin & Jerri Williams  
Vi & Milt Merkel  
D.L. Henricksen  
Tracy Enoch  
Jennifer Hamilton  
Ava and Charlie Krogh  
John Lewis  
Nita Merkel  
Jackie Webster-Backus  
Vicki Williams  
Chris Moore  
Judy Arp  
Mandy Barber  
John Bielka  
Orting Lions Club  
Anne & Paul Kirley  
Fred Meyer  
Darrel & Patricia Mack  
Jeremy Thomas  
Jayden Thomas  
Jo Ann Lyman  
Herman Engfer  
Robyn Strobeck  
Debbie & Nick Williams  
Gary & Beverly Shilling  
Puyallup Heating & Air  
Sharon East  
Bob & Ann Cole

Jefflyn Bayer  
Jane Berto  
Pat Martinez  
Sharon McQueen  
Jo Underhill  
Lohman Thomas  
Karen Glenn  
Wanda Rochell  
Gina Rosendale  
Ray Rosendale  
Spooners Farms  
David Kartcher  
Nina Bonn  
Emily Mowatt  
Olivia-Jaliza Youngblood  
Ernie Gilmer  
PSE (Powerful Partnership Grant)

**If you are interested in  
donating you can use the QR  
codes below or send checks to :  
Orting Senior Center  
P.O. Box 104  
Orting, WA 98338  
94-3101716**



**NEW!!!**

This QR Code is our direct  
link to our KeyBank  
account!

# Hospice Volunteer

## Companionship for Patients Respite for Caregivers

You can make a meaningful difference by supporting Hospice patients during regularly scheduled weekly visits.

*Companions do not perform personal care or administer medications.*



Every member of our vibrant and diverse Volunteer Team receives comprehensive training and ongoing support

Volunteers are an essential part of the MultiCare Hospice Program. [Join us!](#)



SCAN ME

For more information contact Tori Fairhurst, Volunteer Program Coordinator

[Tori.Fairhurst@multicare.org](mailto:Tori.Fairhurst@multicare.org)

253.370.7121

# MultiCare Hospice

## CAREGIVER RESOURCE AND SUPPORT

Ever wondered about things such as.....

- ❖ Aging In Place
- ❖ Different levels of care
- ❖ Where to go for resources
- ❖ What resources do I need
- ❖ What conversations should I have
- ❖ How to pay for care
- ❖ Veteran Caregiving benefits and how to apply
- ❖ When do you need a Power of Attorney

Where do I go? How do I start? What resources do I need?! Come check out my resource list! I can help guide you!

Come join JoAnn at:

**Orting Senior Center**  
**Friday, June 12th from**  
**9:30am-12pm stop by for**  
**a cup of coffee & a chat!**

Hosted by:

JoAnn Lyman-Comfort Keepers

253-642-1446

[joannlyman@comfortkeepers.com](mailto:joannlyman@comfortkeepers.com)





# Orting Senior Center June Menu

Mealsite: 120 Washington Avenue North - Mailing Address: P.O. Box 104 - Orting, WA 98360  
Phone: (253) 375-3378 – Email: [ortingseniordirector@gmail.com](mailto:ortingseniordirector@gmail.com)

| MONDAY                                                                                          | TUESDAY                                                                                            | WEDNESDAY                                                                                                                                             | THURSDAY                                                                                                                      | FRIDAY                                                                                              |
|-------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|
| <b>1</b><br><br>Vegetable Soup<br>Turkey & Swiss<br>Sandwich<br>Salad Bar<br>Fruit/Milk/Dessert | <b>2</b><br><br>Club Wrap<br>Pea Salad<br>Salad Bar<br>Fruit/Milk/Dessert                          | <b>3</b><br><br>Chili Dogs<br>Macaroni Salad<br>Salad Bar<br>Fruit/Milk/Dessert                                                                       | <b>4</b><br><br>Baked Cod<br>Rice Pilaf<br>Roasted Carrots<br>Salad Bar<br>Fruit/Milk/Dessert                                 | <b>5</b><br><br><b>MEALSITE<br/>CLOSED</b>                                                          |
| <b>8</b><br><br>Pork Chops<br>Stuffing<br>Applesauce<br>Salad Bar<br>Fruit/Milk/Dessert         | <b>9</b><br><br>Soft Beef Tacos<br>Mexican Bean<br>Salad<br>Salad Bar<br>Fruit/Milk/Dessert        | <b>10</b> <b>Birthday Day!!</b><br><b>Music w/ Mark @ 10am</b><br><br>Baked Potato &<br>Salad Bar<br>Fruit/Milk/Dessert                               | <b>11</b><br><br>Chicken Burger<br>BLT Pasta Salad<br>Salad Bar<br>Fruit/Milk/Dessert                                         | <b>12</b><br><br>Tomato Basil Soup<br>Ham & Cheese Sandwich<br>Greek Salad<br><b>(NO SALAD BAR)</b> |
| <b>15</b><br><br>Shrimp Alfredo<br>w/Spinach<br>Bread Sticks<br>Salad Bar<br>Fruit/Milk/Dessert | <b>16</b><br><br>Creamy Basil &<br>Tomato Chicken<br>Over Pasta<br>Salad Bar<br>Fruit/Milk/Dessert | <b>17</b><br><br>Philly Cheesesteaks<br>Tater Tots<br>Salad Bar<br>Fruit/Milk/Dessert                                                                 | <b>18</b><br><br>BBQ Pork Ribs<br>Potato Salad<br>Corn on the Cob,<br>Coleslaw<br><b>(NO SALAD BAR)</b><br>Fruit/Milk/Dessert | <b>19</b><br><br><b>MEALSITE<br/>CLOSED</b>                                                         |
| <b>22</b><br><br>Pork Fried Rice<br>Spring Rolls<br>Salad Bar<br>Fruit/Milk/Dessert             | <b>23</b><br><br>Meatball Sub<br>Italian Pasta Salad<br>Salad Bar<br>Fruit/Milk/Dessert            | <b>24</b><br><br>BBQ Chicken<br>Tortellini Pasta Salad<br>Salad Bar<br>Fruit/Milk/Dessert                                                             | <b>25</b><br><br>Stuffed Colorful<br>Peppers<br>Carrot Cucumber<br>Salad<br>Salad Bar<br>Fruit/Milk/Dessert                   | <b>26</b><br><br>Shrimp Louie Salad<br>Tuna Sandwich<br>Fruit/Milk/Dessert<br><b>(NO SALAD BAR)</b> |
| <b>29</b><br><br>Meatloaf<br>Potatoes & Gravy<br>Salad Bar<br>Fruit/Milk/Dessert                | <b>30</b><br><br>Chicken Enchiladas<br>Spanish Rice<br>Salad Bar<br>Fruit/Milk/Dessert             | <b>NEW PHONE NUMBERS!!!</b><br><br><b>Shuttle (253) 375-3538</b><br><b>Front Desk (253) 375- 3378</b><br><b>Admin (Staci or Emily) (253) 375-2579</b> |                                                                                                                               |                                                                                                     |

- Meals are a **SUGGESTED DONATION** of \$6.00 for seniors age 60 and over
- No senior will be denied a meal due to an inability to donate
- For those 59 and under, the meal cost is \$13.00
- We are a congregate meal site, and socialization is vital to the well-being of seniors
- We do not offer TOGO meals



# Orting Senior Center June Calendar

Mealsite: 120 Washington Avenue North - Mailing Address: P.O. Box 104 - Orting, WA 98360

Phone: (253) 375-3378 – Email: [ortingseniordirector@gmail.com](mailto:ortingseniordirector@gmail.com)

| Monday                                                          | Tuesday                                                           | Wednesday                                                                                                                                         | Thursday                                                                                            | Friday                                                                                                                             |
|-----------------------------------------------------------------|-------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|
| <b>1</b><br>9:00 S.A.I.L.<br>10:00 Cards w/Mona<br>11:45 LUNCH  | <b>2</b><br>9:30 Pinochle<br>11:45 LUNCH<br>1:00 The Crafty Crew  | <b>3</b><br>9:00 S.A.I.L.<br>11:45 LUNCH<br>12:30 Bingo                                                                                           | <b>4</b><br>10:00 Men's Coffee<br>9:30 Pinochle<br>11:45 LUNCH                                      | <b>5</b><br><b>Senior Footcare Clinic</b><br><br><b>MEALSITE CLOSED</b>                                                            |
| <b>8</b><br>9:00 S.A.I.L.<br>10:00 Cards w/Mona<br>11:45 LUNCH  | <b>9</b><br>9:30 Pinochle<br>11:45 LUNCH<br>1:00 The Crafty Crew  | <b>10 Birthday Party!!</b><br>9:00 S.A.I.L.<br>11:45 LUNCH<br>12:30 Bingo<br><b>2:30 Board Meeting</b>                                            | <b>11</b><br>10:00 Men's Coffee<br>9:30 Pinochle<br>11:45 LUNCH                                     | <b>12</b><br>9:00 S.A.I.L.<br><b>9:30 Comfort Keepers</b><br>11:45 LUNCH<br><b>BloodWorks NW Blood Drive</b><br><b>9 am – 3 pm</b> |
| <b>15</b><br>9:00 S.A.I.L.<br>10:00 Cards w/Mona<br>11:45 LUNCH | <b>16</b><br>9:30 Pinochle<br>11:45 LUNCH<br>1:00 The Crafty Crew | <b>17</b><br>9:00 S.A.I.L.<br><b>9:30 Nutritionist Visit</b><br>11:45 LUNCH<br>12:30 Bingo<br><br><b>National Rootbeer Day!</b>                   | <b>18</b><br>10:00 Men's Coffee<br>9:30 Pinochle<br>11:45 LUNCH<br><br><b>Father's Day Luncheon</b> | <b>19</b><br><b>MEALSITE CLOSED</b>                                                                                                |
| <b>22</b><br>9:00 S.A.I.L.<br>10:00 Cards w/Mona<br>11:45 LUNCH | <b>23</b><br>9:30 Pinochle<br>11:45 LUNCH<br>1:00 The Crafty Crew | <b>24</b><br>9:00 S.A.I.L.<br>11:45 LUNCH<br>12:30 Bingo                                                                                          | <b>25</b><br>10:00 Mens Coffee<br>9:30 Pinochle<br>11:45 LUNCH                                      | <b>26</b><br>9:00 S.A.I.L.                                                                                                         |
| <b>29</b><br>9:00 S.A.I.L.<br>10:00 Cards w/Mona<br>11:45 LUNCH | <b>30</b><br>9:30 Pinochle<br>11:45 LUNCH<br>1:00 The Crafty Crew | <b>NEW PHONE NUMBERS!!!</b><br><b>Shuttle (253) 375-3538</b><br><b>Front Desk (253) 375- 3378</b><br><b>Admin (Staci or Emily) (253) 375-2579</b> |                                                                                                     |                                                                                                                                    |

